

ISLINGTON TIMES

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VILLAGE GOERS ENJOY GREAT FOOD AND DRINK – FOR CENTURIES

**A beer and a snack at the Izzy.
Soda at the lunch counter of Gordon's Dairy.
A sweet treat from Dunn's General Store.**

For those craving a bite or a beverage, the Village of Islington has a long history of providing food and drink to hungry and thirsty locals and travellers.

While these particular enterprises may be long gone, there's been a steady stream of replacements over the years. This spring, the Village welcomes several new ones, including Cravin Kitchen + Lounge, Resurrection Restaurant and Bar, and Apna Food Bazaar.

As you sample these potential favourite spots, it's fascinating to visit their predecessors from way back in time. The murals of the Village of Islington feature several of these beloved establishments of refreshment and conviviality.

Before there were restaurants, bars and pubs, tired and hungry travelers and locals would find food and drink in taverns, inns and hotels. Like Montgomery's Inn (4709 Dundas W). From about 1832 to 1855, the inn brought together people from the surrounding area and beyond for food, drink, and lodging.

You can see Montgomery's Inn of yore reflected in the Welcome mural on the bridge on the northwest side of Islington Avenue and Dundas. The sociable history of this ever-popular stopping place carries on to this day with regular "pub nights."

In front of the historic "Precinct" building (4946 Dundas W), the Pub with No Beer commemorates the "Izzy," which was located at Burnhamthorpe Road and Dundas. Originally called the Islington Hotel, then the Islington House or the Izzy, this prohibition-era (1916-1927) scene shows a truck

being loaded with empty pop bottles. The Nolan family business had to survive this dry period by selling pop until the sale of liquor was once again legalized.

The Islington Seniors' Centre (4968 Dundas W) was once home to Gordon's Dairy, as you can see by the mural on the building. Along with processing milk in the 1930s/40s/50s, it had a lunch counter and soda fountain where local kids loved to hang out.

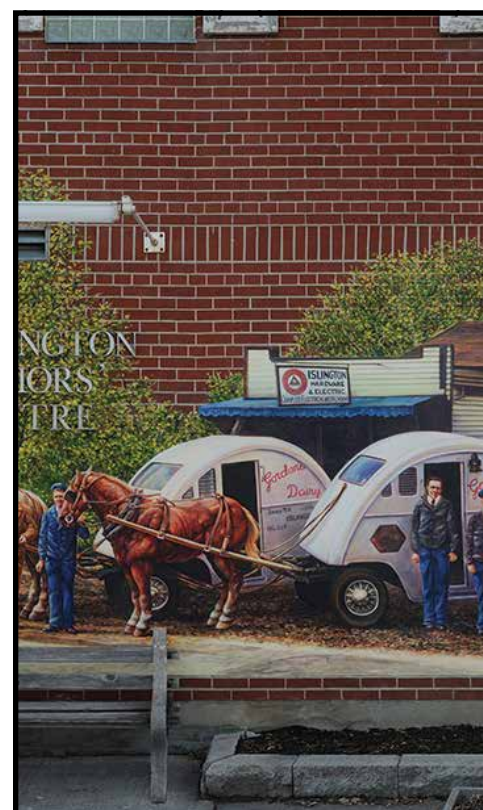
When it comes to grocers, there have been many over the years. Amasa Wilcox built the first general store in the Village about 1830, located where Osmow's Shawarma is today. Amasa and his wife Desdemona arrived here from New York back in 1816. Amasa leased land north of Dundas where he constructed a sawmill on Mimico Creek. A few years later, he built a house, along with a tavern, on the southwest corner of Islington Avenue and Dundas.

There were successors to that first general store. The mural The Way We Were (4972 Dundas W) gives us a peek at Hopkin's store (4906 Dundas W). Visiting the Village back in 1900, you would have likely stopped in there for provisions.

And in Timeline: Islington Then and Now (4959 Dundas W) you'll see the original Village general store has transitioned into Dunn's General Store (c1910) after William Dunn purchased the building.

These wonderful traditions continue. Visit the Village for a fun day of mural strolling followed by refreshments at your choice of a variety of restaurants, pubs, bakeries, cafes, and food shops. Stop by soon.

**Self-guided tours: [Villageofislington.com/mural-map](https://villageofislington.com/mural-map)
Volunteer-guided tours for groups: 647-703-4802; [info@Villageofislington.com](mailto:info@villageofislington.com)**



Name That Mural

The first person to email Info@villageofislington.com with the correct name and address of the mural above will

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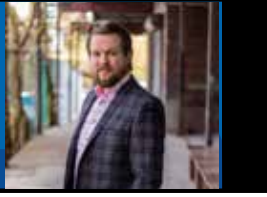
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Message From The Chair

By Michael Wood



Let me start with a thank you to all our residents who continue supporting The Village of Islington's small businesses. Without your loyalty, we couldn't keep building a solid, sustainable business community for future generations to enjoy.

One of your BIA's prime mandates is to bring our residents and business owners together with fun events the whole family can enjoy. On Sunday, March 3rd, we partnered with Arts Etobicoke for a free winter fun event at Montgomery's Inn. Friends, neighbours, and families enjoyed hot cocoa and warm apple cider by the indoor fire inside this beautiful historic building, where Ilona from Arts Etobicoke hosted arts and crafts activities that kept the kids engaged and entertained. We also had awesome live music performed by guitarist Karla Garcia Silva. It was a lot of fun, and it was great to see so many people chatting and enjoying one another's company. Many thanks to the BIA's Volunteer Vice-Chair Melanie McIvor for arranging and organizing this event!

We've got a few more lined up for this year, so be sure to follow us on Facebook and Instagram at @villageofislington to stay updated. The entire BIA is excited to plan these events for you and is looking forward to working with community partners, businesses, and organizations to keep our neighbourhood vibrant and exciting while preserving the small-town feel we all treasure.

One of the best aspects of our events is that the fun doesn't have to stop once they're over. All of our events are held close to our central business core, giving families the opportunity to stroll along Dundas Street to visit our fine shops and enjoy a meal at our many pubs and restaurants. Our diverse dining options ensure that virtually any craving will be satisfied, using the freshest ingredients sourced locally whenever possible.

Also, don't forget to book your free 90-minute walking mural tour. The beautiful murals that dot our community were created by renowned Canadian artists. Each one tells a unique story about our community's history, connecting us with the people, places, and events that laid the foundation of everything we enjoy today. Email info@villageofislington.com to book your walking tour.

In the meantime, your BIA wishes you a happy spring and looks forward to seeing you and about.

DOORS OPEN TORONTO

Saturday, May 25 & Sunday, May 26

The Village of Islington BIA will be offering free guided mural tours on a Double Decker bus for Doors Open Toronto 2024.

This is your once-a-year opportunity to enjoy a bird's eye view of the West end neighbourhood - the Village of Islington, also known as the Village of Murals. Riding on a Double Decker bus, you will see 27 stunning murals in this outdoor art gallery- from above. The tour will take you on a 200-year historical journey starting at Montgomery's Inn, a Toronto Museum. On the tour you will get a chance to hop off the bus for a short jaunt to get up close and personal with the murals, many of which are award winning art pieces that are sure to surprise and delight. Artists like Sarah Pollard and John Kuna have poured many historical details into these life-like creations. Our knowledgeable guides will give you the story behind the captured moment in time, while also adding details on the execution of the artwork.

Tours are run on the hour from 11am to 4pm both days.

To reserve tickets for the tour, please register through Doors Open Toronto <https://www.toronto.ca/explore-enjoy/festivals-events/doors-open-toronto/>

Want to spend a few fun hours helping in the community? Need community hours for school requirements? Volunteer with us! We need tour guides (training provided) and help at our Welcome Desk for this event.

Please get in touch if you are available by email info@villageofislington.com or call 647-703-4802.



Toronto's Village of Murals

COMMUNITY CLEAN-UP

CELEBRATE EARTH DAY WITH A
CLEAN TORONTO TOGETHER COMMUNITY CLEAN UP
ALONG DUNDAS ST. W

SATURDAY, APRIL 20 10:00AM

Meet at Galata Cafe @ 5122 Dundas St.
Coffee, snacks and clean-up supplies
provided



Toronto's Village of Murals

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BIA Mobile Line: (647) 703-4802

Land Acknowledgement

The City of Toronto acknowledges that we are on the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit and Métis peoples. The City also acknowledges that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.

The Islington Train Wrecks of 1903 and 1908

By Richard Jordan, Chief Historian, Etobicoke Historical Society



Postcard picture of the 1908 fatal train wreck at Islington (Montgomery's Inn)

History doesn't repeat itself, but sometimes it comes close. Take the case of two fatal and eerily-similar train wrecks on the CPR main line at Islington that occurred five years apart in the early 1900s.

Islington's first railway station was a flag stop built for the Credit Valley Railway in 1879. It was located at what would become the foot of Canning (now Cordova) Avenue, west of present-day Islington Avenue. The station lacked a ticket agent and commercial telegraph, but a siding was built beside the main track through the area. In 1884 the CVR was acquired by the Canadian Pacific Railway. A full station would be constructed in 1921 east of Islington Avenue.

The first train wreck occurred on the morning of Tuesday, March 17, 1903, a quarter-mile northeast of the Islington station, about halfway between Islington and Royal York Road. A ten-car freight train was slowly heading west at about 25 miles per hour through heavy fog at 6:30 a.m. when the crew spotted another train coming at speed directly toward them. The crew jumped for their lives, landing in the ditch and scrambling up to the fence line for safety. The collision telescoped their engine and damaged a number of freight cars, but both engines remained upright.

The crew ran to the eastbound engine, which had been pulling 35 freight cars from London, Ontario. They found fireman Charles Winger and brakeman David Taylor severely injured. They had been scalded by steam from the engine, as had the engineer, William Morrison. It took a half-hour for a doctor to arrive and the injured men were taken by train to St. Michael's hospital in Toronto, where they were admitted at 9:00 a.m. Both Winger and Taylor later died of their injuries.

Eight freight cars were destroyed on the London train including three carrying the goods of a number of farmers who were travelling west to settle in the Canadian prairies. It was thought that an inexperienced operator at the local Cooksville railway station had miscommunicated a stop order to the London train. At the scene of the crash, the undamaged cars were towed back onto the siding. Later that afternoon several passenger trains had to walk people around the scene of the wreck to trains waiting on the other side.

The Toronto Star reported: "News of the wreck spread rapidly, and by noon there were a couple of hundred people at the scene, including many women. A number of farmers' vehicles were ranged along the fence along Dundas Street, while the owners and their families surveyed the scene." It's interesting that the reporter called attention to the women. Perhaps in those days they weren't expected to be found at the scene of a tragic accident.

An inquest was called by Coroner M.M. Crawford and delivered its verdict a week later, blaming the inexperience of the Cooksville operator. On May 7, The Globe reported that the CPR had settled a lawsuit brought by Charles Winger's widow, Jennie. Charles had been 22 and the couple had only been married for two weeks at the time of the accident. The CPR agreed to pay \$1500 to the young widow, the \$70 undertaker's fee and \$50 costs.

Just over 5 years later, on Saturday, September 26, 1908, there was a similar train wreck at Islington. At 4:40 in the morning, a freight train was travelling eastward toward Islington at 30 miles per hour through dense fog. The crew of a slow-moving westbound train sighted it heading right for them and bailed out before the inevitable collision. The headline story on the front page of the Toronto Star that day said, "The two powerful engines came together with a terrific crash, which lifted them both up like rearing horses, converting them into a tangled mass of twisted iron, hissing steam and gleaming coals."

The body of Fireman James Kendall from the eastbound train was found under the wreckage. He had had his head down, adding coal to the firebox, and wasn't able to escape. The newspapers revealed he was 27, single, and had served with the Canadian contingent during the Boer War.

The accident was seen from the station at Islington and medical aid was summoned. The usual crowd of gawkers gathered, and among them was a photographer working for a company that made postcards of local events. The Toronto Star reported that the eastbound train was supposed to go into the Islington siding, but in the fog, the engineer had overrun it. He couldn't see the signal lamp for the switch due to the dense fog.

At the inquiry held by Coroner C.H. Gilmour, the conductor of the westbound train testified that he looked for the other freight train at the Islington siding. When he didn't see it, he quickly put on the brakes, but by then it was too late. The verdict was that Kendall's death was accidental but the coroner's jury recommended that semaphore signals be kept at all rail junctions so they couldn't be missed in foggy conditions.

Today Montgomery's Inn has a postcard produced from one of the photographs taken at the scene. It had been sent by Jessie Dunn of Islington to Alice Appleby in Lambton Mills, with a one-penny stamp. The postcard reads "Dear Alice, This is the scene of the wreck here at Islington a few weeks ago."

(This article originally appeared in The Aldernews, a monthly publication for members of the Etobicoke Historical Society)

BIDS 'N BITES – Luncheon and Cards at Humber Valley United Church



A sure sign that spring is coming, is the arrival of BIDS 'N BITES, the annual spring luncheon and card playing event hosted by the women of Humber Valley United Church.

This long standing community tradition resumes on Wednesday, April 24, 2024 at 76 Anglesey Blvd. From noon to 3:00 pm, there will be fancy sandwiches and sweets, an afternoon of card playing, a chance to snag bargains at the silent auction, and perhaps win a lucky door prize.

Grab a deck of cards and round up your friends (ladies and gentlemen both welcome) for an afternoon of food, fun, fellowship and games. Bids 'N Bites started decades ago with bridge and lunch but now many play euchre, rummy, cribbage or even come with their Scrabble boards.... whatever your table of four prefers.

All good fun and proceeds support United Church Women projects and charities.

Tickets are \$30 and available at 416-231-2263 ext. 39.

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WINTER FUN AT MONTGOMERY'S INN Stay tuned for our next event on June 15th in Michael Power Park



CRAVIN KITCHEN AND LOUNGE

Breaking Down Barriers for Job Seekers with a Disability

Enjoy Dining, Dancing, and Cocktails at Cravin Kitchen + Lounge!

Cravin Kitchen + Lounge opened in September 2023 at 5164 Dundas Street West, bringing our community a unique fusion of Afro-Italian flavours.

Adeniyi Ariyo launched Cravin with his co-owner Jessica De Freitas, and says that the restaurant is the result of a lifelong dream to do what he loves most: sharing delicious food that reflects his Nigerian roots.

"I'm very grateful for the opportunity to do what I'm most passionate about," he says. "The reception from the Islington Village community has been fantastic!"

Adeniyi, who grew up in California and served as chief executive chef at a luxury hotel there, credits his mom for the inspiration behind his new restaurant. "Mom owned her own restaurant, so I grew up with the exciting tastes, flavours, and aromas of Nigerian cuisine," he says. "Becoming a chef was a natural fit for me and the perfect way of introducing Nigerian cooking to new people. I added a special twist by infusing pasta into the dishes for a dining experience like no other."

Cravin's refined décor welcomes diners as they dive into innovative dishes prepared by chefs who prioritize using the freshest ingredients. Each plate tells a unique story about vibrant West African culinary traditions, with bright, tantalizing flavours that pop with every bite.

Dinner service runs until 10 pm, but patrons can also enjoy the kitchen + lounge atmosphere that starts at 11 pm on Fridays and Saturdays, featuring a live DJ and dance floor that keeps the fun going into the late hours.

"We're also available as an event space for up to 140 guests," says Adeniyi. "We host birthday parties, wedding receptions, corporate functions, or any occasion where delicious food and great service are required. We promise to make your event one to remember." Adeniyi chose Islington Village to open Cravin Lounge because of the location's high visibility and accessibility and our diverse mix of residents and businesses. "This neighbourhood has such a great mix of people," he says. "Young and old, singles, young couples, and families. Islington Village is very walkable, so locals can easily get here on foot. However, we also share the plaza parking lot for people who prefer to drive."

The Cravin team looks forward to hosting everyone and getting to know the great residents and business owners of our community. "Please come in to say hi and ask about our menu," Adeniyi says. "We think you'll love what you see...and taste!"



ADENYI'S MENU PICKS: New to Afro-Italian cuisine? Adeniyi recommends these dishes from the Cravin menu to get you started!

• Tagliatelle Pollo Fusion

Roasted chicken, mix bell pepper cream sauce, onion, spicy scotch bonnets, parmesan cheese

• Asun

Spicy roasted goat meat, bell pepper, red onion, fried plantain

• Jollof Rice

Classic jollof rice party style infused with a smoky flavor, with roasted pepper turkey or chicken

ISLINGTON WELLNESS

Islington Wellness will be 10 this year! We are so lucky to have found our home in the beautiful Village of Islington. The support of this great neighbourhood has allowed us to grow and this past summer we expanded. We now have 2 treatment rooms, another RMT and a Physiotherapist on the team. We also have an infrared sauna that can be booked with appointments.

Edmar Figueiredo Physiotherapist is the most recent addition to the Islington Wellness team, and we are so lucky to have his skills and expertise. Edmar completed a 4 year program in Bachelor of Physical and Health Education before completing his Master of Science in Physiotherapy degree.

Having a lifelong involvement in sports, Edmar was a Professional Roller Hockey player and coach. He had several participations in Pan-American and World Championships, including the PanAm Games in Winnipeg (bronze medal) and the World Games.

With an Exercise Physiology certification and using an evidence-based practice approach, Edmar has a real passion for exercises as part of his rehabilitation program.

He is trained in Soft Tissue Release Technique, Joints Mobilizations, Acupuncture, Therapeutic Taping, and Physiotherapy modalities. He specializes in work-related injuries as well.

Edmar is also certified in Concussion Management and Respiratory Rehabilitation Care. Edmar is available for bookings Saturdays from 9am to 2pm.

We are also thrilled to have Cheryl Migus-Smart RMT on the team. Cheryl has over 23 years of experience as an RMT and she loves what she does. The level of care she has for her clients and profession is unparalleled. Cheryl offers Registered Massage Therapy, Shiatsu, Hot Stone Massage, Indie Head Massage and now Reflexology! Cheryl is available for bookings Mondays, Tuesdays, Wednesdays and Fridays from 8am-8pm.

Warm up in our infrared sauna prior to your treatment. It is a wonderful way to start and enhance a massage or physio session. The benefits are numerous including increased relaxation and decreased muscle tension. Sauna sessions are 30 minutes, 20 for sauna and 10 for showering. The fee is \$30 including HST and we provide robe, slippers and towels.



To learn more about our treatments and to book online please visit www.islingtonwellness.com



OUR PROJECTS RAISE FUNDS FOR MANY IN NEED

By John Stevenson



A Rotary Club is a networking and fellowship of like-minded people who are committed to helping others. One of a club's primary goals is to help raise funds through a series of activities and events that we are collectively interested in arranging and supporting. In this way, we stay in touch with the needs of our local community and distant projects that improve the quality of life of others. Please read below.

OUR 2ND ANNUAL WINE TASTING FUNDRAISER - JUNE 6TH

The Rotary Club of Toronto West (RTW) in conjunction with the Canadian Landmine Foundation will be holding its second annual wine tasting dinner at The Chef's House on June 6, 2024. All proceeds from this fabulous fundraising event will go to health and education projects in Cambodia. These projects are managed by Patti Lee, a key member of RTW.

Last year's first event of this kind for RTW was a terrific success. It included canapes, an exquisite 3-course dinner plus dessert, which were all paired with wonderful wines. The culinary students at George Brown prepared all the food and served it with impeccable flair, leaving the attendees feeling very pampered. 14 door prizes were given away and 5 fabulous baskets were raffled off.

The event raised more than \$6,600 and was immediately used to build much needed toilets and hand-washing stations at two schools and to provide a private washroom facility, for an impoverished family where none had existed before.

The proceeds from the fundraiser on June 6th will again go towards projects in Cambodia. At this early stage the ticket price has not yet been established, but it should be available by mid-April. For more information or to purchase a ticket, please contact Patti Lee at pattilee@sympatico.ca. If you are not able to attend this fundraiser, you can still donate to these worthy causes, by sending an e-transfer to Patti Lee, as above. Please include your email address, your street address, and your phone number. Any donation of \$25 or more will receive a tax receipt by email from the Canadian Landmine Foundation with our gratitude.



RTW Co-hosts Stephen and Patti



Great Chefs-In-the-Making!



ECI students gather for a team photograph to go to Santa



Santa's going to be pleased with the student's artistic talents

LETTERS FROM SANTA: ROTARY HOLIDAY TRADITION

A heartwarming collaboration with the Etobicoke and Toronto West Rotary Clubs unfolded at Etobicoke Collegiate and Richview Collegiate in early December, where 45 and 36 high school students from these respective schools dedicated their time after class to the noble cause of writing letters to 350 primary age school children in the Philippines.

The letters have a tremendous impact on the lives of these children, 85% of whom come from low-income households and who are required to work at a young age to meet basic needs. These 350 letters represent hope, laughter, and joy to the children.

RTW FUNDRAISER - NOT TO BE MISSED ON APRIL 11!



RTW will be hosting its first beer tasting event on April 11 at the Indie Alehouse Brewing Co, a popular spot in the Junction, located at 2876 Dundas Street West, just 100m east of Keele Street on the south side. This event will be a casual fundraiser permitting attendees to taste different beers, enjoy friendly conversations and the offerings of the Indie Alehouse.

Proceeds from this fundraiser will support Kids With Incarcerated Parents (KIP), a local Etobicoke organization that provides programming and support for children affected by parental involvement in the justice system. Tickets for this event will be \$110, with a tax receipt of \$25 per ticket. For more information visit www.RotaryTorontoWest.ca.



A congenial environment with lots of great food and beers

BOTTLE COLLECTIONS A GREAT SOURCE FOR ADDITIONAL FUNDS

Over the past five years a few club members decided to raise extra funds by gathering and returning bottles and cans to the recycling depot at the Beer Store. These bottles and cans, collected from many sources such as friendly neighbours and condo buildings, are converted into cash. RTW has prided itself on using 100 percent of the proceeds it raises to benefit local community organizations and international projects and therefore the funds collected from each bottle and can go directly to the projects that we support. Collecting empty wine, liquor and beer bottles and beer cans, and then returning them for recycling is also an environmentally friendly activity.

WHERE DO THE FUNDS GO?

We are a Not-for-Profit organization. We keep in touch with many service providers and after meticulous review, we direct funds as and when appropriate. Club overhead and operating expenses are supported by a reasonable membership fee. There are many Rotary Clubs throughout Toronto, but only a few in Etobicoke. If you are interested in supporting your community, getting to know people who are driven to help others and to network in a service organization that is internationally well-known and respected, please visit us and do not hesitate to get involved.

If you are interested in learning more about doing good in the world while enjoying friendly and meaningful club activities, please check our website for upcoming events at www.RotaryTorontoWest.ca

New Tax Return Requirement for Bare Trusts

By Birute Luksenaitė – Tax and Estates Lawyer

Past Chair of the Ontario Bar Association Tax Section, founder of Portfolio Estate Law Firm

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contact@portfoliolaw.ca



A new trust tax reporting with the deadline of MARCH 30, 2024 is in effect and it may apply to you if you are party to a bare trust arrangement. If you are a parent who holds property jointly with adult children for the purpose of probate planning, this article may contain important information for you.

In my previous contributions to the *Islington Times*, I wrote about the use of trusts in estate planning. I also discussed bare trust arrangements in which parents add their adult children as joint owners of the parents' real property and bank accounts for the purpose of probate avoidance.

Bare trust arrangements can be helpful to families who wish to minimize the future probate tax that would otherwise apply on death (currently levied in Ontario at the rate of 1.5% of the value of an estate above the first \$50,000). Bare trusts are a favoured structure because they do not change the beneficial ownership of the property that is held by bare trustees in the bare trust arrangement until the beneficial owners (e.g. the parents) dispose of the property or pass away. Bare trustees act as agents of the beneficial owners and not as fiduciaries with separate decision-making authority. For the reason of the continued beneficial ownership, only the beneficial owners bear the taxation of any income and capital gains earned on the property while it is held by bare trustees in the bare trust. This is different from "true" trusts, which are considered to be separate entities from their beneficiaries and which trusts themselves are taxed on the trust income that is not distributed to the beneficiaries.

Another reason bare trusts have been a preferred structure historically is because they didn't have to file annual tax returns to the Canada Revenue Agency (CRA), unlike "taxable" "true" trusts, which historically have had to file the annual "T3" (Trust Income and Information Return) within 90 days of the trust's year end. (The year end of a trust is generally December 31, with the general exception of "Graduated Rate Estates", which are deceased persons' estates during the first 36 months following death.) For "taxable" trusts, the T3 has been used to report the type of income/gains the trust earned in the taxation year, the identity of the beneficiaries who received distributions from the trust, the name and address of the trustee who is the primary CRA contact, the tax residence of the trust, etc.

Effective tax years that end on and after December 31, 2023, new trust tax reporting rules kick in. Firstly, in alignment with "taxable" trusts, express bare trusts (express trusts are trusts that are created with the settlor's express written or verbal intent, as opposed to other trusts that arise by operation of law such as resulting or constructive trusts) must also now file an annual T3, within 90 days of the year-end, even though bare trusts by their nature do not earn income or capital gains as such income are gains always belong to the beneficial owners.

There are some limited exemptions from this expanded trust reporting rule, such as where the only property a trust holds is money in the amount not exceeding \$50,000 throughout the year and where a trust has been in existence for less than 3 months at the end of the year. "Money" is used strictly in these rules; for example, a gold coin or a Guaranteed Investment Certificate ("GIC") are generally not expected to be considered money.

Secondly, a new Schedule 15 comes into force for all trusts, "taxable" and bare, which mandates reporting many new details concerning trusts that never used to have to be provided. The new Schedule 15 requires a list of all settlors, trustees, "controlling persons" and all actual and potential beneficiaries, including their dates of birth, social insurance numbers, and addresses. Where beneficiaries are yet unborn, they must be described as such. Fortunately, the only beneficiaries of bare trusts are the beneficial owners of the property transferred to bare trustees, so Schedule 15 should not be complicated to complete for bare trusts.

For the 2023 taxation year, the T3 filing deadline for trusts not exempted from the T3 filing is March 30, 2024 (although it is deferred to the next business day of April 2, 2024). Penalties for non-compliance or late compliance may apply. There is a failure to comply penalty of up to \$2,500 plus another potential penalty in the amount of the greater of \$2,500 and 5% of the highest total fair market value of property held by the trust in the year. Notably, the CRA has said that, for this first year of the new trust compliance regime that applies to bare trusts, the CRA will provide relief to bare trusts by waiving the failure to comply penalty in situations where the T3 Return and Schedule 15 are filed after the filing deadline. However, if the failure to file the T3 Return and Schedule 15 for the 2023 tax year is made knowingly or due to gross negligence, the gross negligence penalty may not be waived. (<https://www.canada.ca/en/revenue-agency/services/tax/trust-administrators/t3-return/new-trust-reporting-requirements-t3-filed-tax-years-ending-december-2023.html>). While additional guidance on this new compliance is expected to be issued by the CRA after the first round of initial filings, which may make the process easier in the future, for the time being, it is recommended that bare trusts complete their new T3 and Schedule 15 filings by the required deadline.

The new T3 and Schedule 15 compliance may seem burdensome, however, for bare trusts, this new reporting should not be very complex. Subject to future guidance by the CRA, there should be no income or capital gains that would be reportable by a bare trust on a T3, as all income and capital gains on property held by bare trustees would be reported by the beneficial owners. Further, the new reporting may be viewed as a step towards gaining additional comfort that bare trust arrangements will be recognized by the CRA where capital assets are held jointly between parents and their adult children for the purpose of probate planning. Parents are often worried that the CRA will tax the children on the capital gains of such property, even though the parents remain its only beneficial owners during their lifetimes. A T3 that explains the legal nature of a joint ownership arrangement by a bare trust should help to minimize that feared risk.

Finally, if an express bare trust agreement has been verbally settled but not yet documented in writing, parties may wish to document their agreement in writing and to submit it to the CRA either when requesting a Trust Account Number for the bare trust or when filing its first T3. Notably, trust agreements concerning real property in Ontario should generally be in writing.

If you are, or think that you may be, party to a bare trust arrangement and are unsure about the new trust tax reporting requirements, a tax lawyer or an experienced tax accountant should be consulted.

ISLINGTON TIMES

2024 Dine-in and Takeout Restaurant Listing Insert



Great food is just a call away

The Village of Islington is home to a collection of wonderful restaurants offering takeout food to enjoy. Whether you're looking for comfort food or something exotic, you'll find it here! Remove this insert from the Islington Times newspaper to keep it close at hand.



Cho Dang Soon Tofu				S	M	T	W	Th	F	S
5130 Dundas St. W. ~ 416-234-1161										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						

Coco Fresh Tea & Juice				S	M	T	W	Th	F	S
4868 Dundas St. W. ~ 416-231-7888 Download the Coco App										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						



Cravin Kitchen & Lounge				S	M	T	W	Th	F	S
5164 Dundas St. W ~ 437-460-5164 ~ https://www.cravinlounge.ca/										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						

Espresso Bakery & Deli				S	M	T	W	Th	F	S
4980 Dundas St. W. ~ 416-236-3183										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						



European Patisserie				S	M	T	W	Th	F	S
5072 Dundas St. W. ~ 416-783-9377 ~ europeanpatisserie.com										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						

Fire Wing's Bar & Grill				S	M	T	W	Th	F	S
4903 Dundas St. W. ~ 416-236-2609 ~ www.firewings.ca										
Pickup	<input checked="" type="checkbox"/>	Delivery	<input checked="" type="checkbox"/>	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dinner						



"You don't need a silver fork to eat good food."
Paul Prudhomme

ISLINGTON TIMES

2024 Dine-in and Takeout Restaurant Listing Insert



Galata Café

				S	M	T	W	Th	F	S
5112 Dundas St. W. ~ 647-351-4888 ~ galata.ca										
Pickup	✓	Delivery	✗	Breakfast	☀️	☀️	☀️	☀️	☀️	☀️
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️
✗	✗	✗	✗	Dinner	🌙	🌙	🌙	🌙	🌙	🌙



Ikkoi Japanese Family Cuisine

				S	M	T	W	Th	F	S
5084 Dundas St. W. ~ 416-233-2727 ~ www.ikkoi.ca										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️		☀️	☀️	☀️	☀️
✗	✗	✗	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙



Insadong Korean Restaurant

				S	M	T	W	Th	F	S
4941 Dundas St. W. ~ 416-746-0777 ~ www.insadongrestaurant.com										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️
✗	✗	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙



John's Fish 'N' Chips

				S	M	T	W	Th	F	S
5090 Dundas St. W. ~ 416-231-3474 ~ www.johnsfishnchips.com										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch			☀️	☀️	☀️	☀️
✓	✓	✓	✓	Dinner			🌙	🌙	🌙	🌙



KIBO Sushi House

				S	M	T	W	Th	F	S
4925 Dundas St. W. ~ 416-792-6510 ~ https://www.kibosushi.com										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️
✗	✓	✗	✗	Dinner	🌙	🌙	🌙	🌙	🌙	🌙



Mai Bistro

				S	M	T	W	Th	F	S
4906 Dundas St. W. ~ 647-343-3130 ~ maibistro.com										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch						
✗	✗	✗	✓	Dinner			🌙	🌙	🌙	🌙

Mama Rosa Restaurant & Bar

				S	M	T	W	Th	F	S
5078 Dundas St. W. ~ 416-207-1111 ~ www.mamarosarestaurantandbar.com										
Pickup	✓	Delivery	✓	Breakfast						
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️
✗	✗	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙



"There is no sincerer love than the love of food."
George Bernard Shaw

ISLINGTON TIMES

2024 Dine-in and Takeout Restaurant Listing Insert



Mamma's Pizza S M T W Th F S

4986 Dundas St. W. ~ 416-231-4545 ~ mammaspizza.com

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀	☀	☀	☀	☀	☀	☀
✗	✓	✓	✓	Dinner	☾	☾	☾	☾	☾	☾	☾



Miss Natalie's Tropical Cuisine S M T W Th F S

5118 Dundas St. W. ~ 416-260-9444 ~ missnatalies.com

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch		☀	☀	☀	☀	☀	☀
✓	✓	✓		Dinner		☾	☾	☾	☾	☾	☾



Osmow's S M T W Th F S

4850 Dundas St. W. ~ 416-239-9000 ~ mrosmow.com

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀	☀	☀	☀	☀	☀	☀
✓	✓	✓	✓	Dinner	☾	☾	☾	☾	☾	☾	☾



Pizza Hut S M T W Th F S

5132 Dundas St. W ~ 416-233-2003 ~ www.pizzahut.ca

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀	☀	☀	☀	☀	☀	☀
	✓	✓	✓	Dinner	☾	☾	☾	☾	☾	☾	☾

Pizzeria Via Napoli S M T W Th F S

4923 Dundas St. W. ~ 416-602-4040 ~ www.pizzeriavianapoli.ca

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀	☀	☀	☀	☀	☀	☀
✗	✓	✓	✓	Dinner	☾	☾	☾	☾	☾	☾	☾



Resurrection Restaurant & Japanese Whiskey Bar S M T W Th F S

5096 Dundas St. W ~ 416-231-6660 ~ <https://www.resurrectionrestaurant.com/>

Pickup	✗	Delivery	✗	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀		☀	☀	☀	☀	☀
✗	✗	✗	✗	Dinner	☾		☾	☾	☾	☾	☾

Sorsi e Morsi S M T W Th F S

4900 Dundas St. W. ~ 416-232-2250 ~ www.sorsiemorsi.ca

Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch							
✓	✓	✓	✓	Dinner	☾		☾	☾	☾	☾	☾



"People who love to eat are always the best people."
Julia Child

ISLINGTON TIMES

2024 Dine-in and Takeout Restaurant Listing Insert



St. James's Gate Irish Pub					S	M	T	W	Th	F	S
5140 Dundas St. W. ~ 647-350-5140 ~ www.sjgtoronto.ca											
Pickup	✓	Delivery	✗	Breakfast	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Brunch From 11am	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✗	✗	✗	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



Subway Restaurant					S	M	T	W	Th	F	S
4927 Dundas St. W. ~ 647-428-7263 ~ www.subway.com											
Pickup	✓	Delivery	✓	Breakfast	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✓	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



Thai Jalearn					S	M	T	W	Th	F	S
4911 Dundas St. W. ~ 416-519-3356 ~ www.thaijalearn.ca											
Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✓	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



thairoomgrand					S	M	T	W	Th	F	S
5122 Dundas St. W. ~ 416-234-1213 ~ thairoomgrand.com											
Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✓	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



Tim Hortons at Rabba Fine Foods					S	M	T	W	Th	F	S
4869 Dundas St. W. ~ 416-234-0609 ~ www.timhortons.ca											
Pickup	✓	Delivery	✗	Breakfast	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✗	✗	✗	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



Toji Sushi					S	M	T	W	Th	F	S
5088 Dundas St. W. ~ 647-348-8654 ~ www.tojisushi.ca											
Pickup	✓	Delivery	✓	Breakfast							
Own Delivery	DoorDash	Skip The Dishes	Uber Eats	Lunch	☀️	☀️	☀️	☀️	☀️	☀️	☀️
✗	✓	✓	✓	Dinner	🌙	🌙	🌙	🌙	🌙	🌙	🌙



Please note the information presented in this listing was accurate at the time of publication but could be subject to change without notice.

Condo Insurance 101

Brought to you by Lola Macanowicz, CFP, CLU, CHS, CIP

Insurance Advisor, Certified Financial Planner & Mutual Fund Investment Specialist



Condos are complex and your insurance needs are different and more complicated. Because you have both individual and shared responsibilities, two insurance policies are required. One policy is purchased by your condo corporation* and the other is purchased by you, as an individual. Each policy has its own distinct purpose, and they work together to protect you and your condo. Two policies work together to protect your unique needs as a condo unit owner

YOUR CONDO CORPORATION'S INSURANCE POLICY

An insurance policy that typically covers:

- the buildings associated with your condo
- common property areas, such as parking, lobby, gym, etc.
- contents in common areas
- liability of your condo corporation
- the basic features of your unit as originally built (where applicable)

YOUR UNIT OWNER'S INSURANCE POLICY

A personal insurance policy that typically covers:

- your personal property or contents
- your personal liability
- your building or unit upgrades, such as custom flooring, etc. (where applicable)
- additional living expenses as part of an insured loss
- amounts you must pay towards a deductible or claim under the condo corporation's policy

Make sure your condo corporation protects your shared interest and responsibility.

To best protect your interests and investment, we encourage you to stay informed about your condo corporation's coverage. Make sure it maintains an active insurance policy that:

- provides full replacement cost coverage for buildings and shared property
- includes coverage for most common perils – including water and earthquake in at risk areas
- has a reasonable deductible.

Purchase a unit owner's policy with the coverage that is right for your needs

Your personal policy plays an important role in your coverage. It's good to regularly review and update your coverage so that it continues to meet your needs. Consider the following:

- Is your personal property limit enough to replace your contents with new items of like kind and quality?
- Do you have valuables that exceed limits for specific types of property and require special coverage?
- Have you made improvements or upgrades?

• Is your liability limit high enough to meet today's standards?

**There is no single term (i.e. corporation, strata, syndicate) to identify the legal entity established to represent all unit owners. We've used "condo corporation" to represent this legal entity.*

Where you live in your condo or rent it out, here is convenient checklist.

<https://www.cooperators.ca/-/media/cooperators/assets/resource-center/document/resources/know-your-condo-unit-owners-checklist.pdf>

Regulatory information

Each province/territory has their own regulations for condominiums. To understand what's unique for condos in your area, please refer to the individual province for regulator information.

Lola Macanowicz Insurance & Financial Services- Co-operators/ Co-operators Financial Investment Services Inc has provided insurance and financial planning advice in Etobicoke since 1985.

For more information, please call 416-234-2777 or

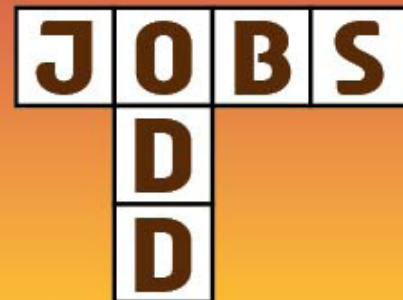
email lola_macanowicz@cooperators.ca,

Visit us at 5048 Dundas St W, Etobicoke

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Twitter @LolaMacanowicz

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NO JOB TOO SMALL**

Help For Homeowners and Landlords

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Removal and Errands**

Reasonable Rates

**Please Call or Text Dan at
647 831 0579**

ANIMAL CARE

Eatonville Animal Hospital 5186 Dundas W 416-231-3167
 Nice Diggz – pet grooming and daycare 5094 Dundas W 647-867-3644

APPAREL AND ACCESSORIES

The Comeback – resale ladies clothing 4893 Dundas W 416-231-0381

ARCHITECTS, ENGINEERS, BUILDERS, CONTRACTORS & BUILDERS' HARDWARE

Arsenault Architect Inc. 5186A Dundas W 416-255-4378
 Dedicated Construction & Renovation Inc 5048 Dundas W 289-838-4414
 DIO MIS Engineering Inc. 5048 Dundas W 416-620-7787
 Edwards Builders Hardware 4988 Dundas W 416-231-3325
 Elias Brothers Construction Co. 4929 Dundas W 416-234-0144
 Moffet & Duncan Architects, Inc. 5052 Dundas W 416-239-2775

ART & DESIGN

Arts Etobicoke 4893A Dundas W 416-622-8731
 Creative Village Studio 4895 Dundas W 647-351-4362
 Mabelle Arts 5005 Dundas W 647-989-0807

BEAUTY & AESTHETICS: SALONS, SPAS & STUDIOS

Aesthetics by Ana 4883 Dundas W 416-239-5990
 Aesthetics by Linda 5128 Dundas W 416-234-8322
 Aroma Studio 4927 Dundas W 416-831-2262
 Bella Babe Beauty Bar 4959 Dundas W. 416-232-9886
 Chloe's Hair Salon 5068A Dundas W 416-236-4163
 Coconut Grove Nail & Esthetics 4970 Dundas W 416-233-1677
 Creating Uniqueness by Tiffany 4970 Dundas W 647-764-1225
 S & C Salon 5086 Dundas W 416-236-5086
 Euphoria Spa 4894 Dundas W, #204 416-231-8788
 or 647-299-3863
 First Nails 4879 Dundas W 416-231-6300
 Garon's Barbershop & Hair Salon 4937 Dundas W 647-760-9286
 Hair Unlimited Hair Salon & Barber Shop 5144 Dundas W 416-233-4571
 Iglu Salon and Spa 5092 Dundas W 416-354-2450
 Lana's Hair Design 4866 Dundas W 416-236-5535
 Manipura Massage Therapy & Wellness 4941 Dundas W, Unit B 1 888 260 7774
 Nicole Alvarez Makeup Artist & Glam Bar 4959 Dundas W 647-637-3592
 NOVA Electrolysis 4889 Dundas W, #4 647-778-8351
 Nu Look Medspa 4 Burnhamthorpe Rd 416-234-8961
 Perfect Touch Nail & Spa 5116 Dundas W 416-207-0866
 Sense Beauty Spa 5170 Dundas W 437-888-3759
 The Golden Comb – for men & women 4864 Dundas W 416-232-2943
 Toronto Wax 4927A Dundas W 647-449-0880
 Tranquility Wellness Spa 5128 Dundas W 416-234-8322
 Twin Scissors Hair Design 4976 Dundas W 416-653-6662
 Villaggio Hair Design Salon 4883 Dundas W 416-239-5990
 Welcome Health 4889 Dundas W #4 647-773-7557
 – INNA Medical Aesthetician

BUSINESS SERVICES

Breeze Marketing & Communications 5048 Dundas W 1 800 815-1536
 Circulation Solutions, Inc. – B2B tele-surveys 4920 Dundas W, #200 416-236-2459
 HC2 advantage - Human Resources Consultants 5048 Dundas W 416-399-2673
 Helium Video 5048 Dundas W 416-460-9881
 O'Reilly Chartered Professional Accountant 5048 Dundas W 647-522-5723
 Star Coaching and Training 4953 Dundas W, #105 416-233-4189
 Taxes for You & BookkeepingForYou 5048 Dundas W 647-725-7741

CELL PHONES, COMPUTERS

JH Computer Services 5074 Dundas W 416-792-9132
 Mr. Cell Phone 5076A Dundas W 647-342-5102
 Freedom Mobile 4947 Dundas W 647-702-3722

CHILD CARE, EDUCATION & TUTORING

Academy of Math & English 4101 Dundas W, Unit #103 416-242-9410
 Growing Tykes Learning Centre 5150 Dundas W 416-207-9259
 Mathnasium 4910 Dundas W 647-920-8019
 Silkatsilco Care Intl Inc – live-in caregivers 4894 Dundas W, #206 416-239-8950
 Willowbrae Childcare Academy 4975 Dundas W 647-508-0444

CLEANERS, SHOE REPAIRS

Cleanze Wash and Fold Laundromat 5082 Dundas W 647-866-3285
 Molly Maid 4911 Dundas W 416-232-9178
 or 416-938-9178
 Royal Custom Cleaners 4994 Dundas W 416-231-4400
 Valentina Shoe Repair & Alterations 4901 Dundas W 416-231-6121

DÉCOR, HOME IMPROVEMENTS & HARDWARE

Canrack Storage Systems Inc. Metal Centre Systems 5048 Dundas W 905-564-6250
 Dollarama 4975 Dundas W 416-239-3574
 Edwards Builders Hardware 4988 Dundas W 416-231-3325
 Etobicoke Service Centre – vacuum cleaners 5114 Dundas W 416-231-3056
 Find Your Inner Zen 4889 Dundas W, Suite. 2 647-922-0498
 L|Design Interiors Inc. 4953 Dundas W., Ste. 104 416-825-2099
 La Strada Fine Espresso Machines sale & repair 5176 Dundas W 416-792-6967
 Proserv Plumbing & Drain Service 5174 Dundas W 416-236-5373
 Smithwood Floors, Floors Refinishing c/o 5090 Dundas W 416-420-3104
 The HVAC Service 5048 Dundas St. W. 905-267-2201
 Village Paint – Benjamin Moore Paint, Hunter Douglas blinds 4949 Dundas W 416-231-2831

EDUCATION, CONSULTING, INSTRUCTION, DAYCARE, TUTORING

Academy of Math & English 5101 Dundas W, Unit #103 416-242-9410
 Growing Tykes Learning Centre 5150 Dundas W 416-575-3044
 Find Your Inner Zen 4889 Dundas W, Suite. 2 (street level) 647-922-0498
 Kingsway Hypnosis 4953 Dundas W, Suite 101 416-990-9528
 Mathnasium 4910 Dundas W 647-920-8019
 Star Coaching & Training 4953 Dundas W, #105 416-233-4189
 Trusted Instructors Driver Education Centre 5142 Dundas W 416-879-6445
 Willowbrae Childcare Academy 4975 Dundas W 647-508-0444

EMPLOYMENT AGENCIES

Alfa Job Agency 4990 Dundas W 647-351-2533
 HR Craft 4905 Dundas W 647-342-7238

FINANCIAL SERVICES, INSURANCE & ACCOUNTING

ACG Accounting Consultant Group 4889A Dundas W, #6 416-234-8383
 Associated Accountants 4889A Dundas W, #3B 647-932-0905
 BookkeepingForYou 5048 Dundas W. 647-725-7741
 BN Accounting & Consulting Services 5140 Dundas W, #209B 416-857-3674
 Brian McGowan Insurance Brokers Inc. 4894 Dundas W 416-236 8282
 CIBC 4914 Dundas W 416-231-2850
 Dominion Lending Centres – mortgages 5110 Dundas W 647-949-7775

Edward Jones 5135 Dundas W 416-237-0924
 Edward Jones – investments 4889 Dundas W, #1A 416-239-0415
 IC Savings 5300 Dundas St. W. 416-251-4007
 RBC Royal Bank 4860 Dundas W 416-239-8175
 Lola Macanowicz Insurance & Financial Services – 5048 Dundas W 416-234-2777

The Co-operators 4899 Dundas W 416-766-3941
 Marlies Y Hendricks, CPA 5048 Dundas W. 416 427 6418
 McDonald Estate Services Ltd. 5090 Dundas St. W 647-539-7070
 Michael Schinas, Vine Group Mortgages 5048 Dundas W 647-522-5723
 O'Reilly Chartered Professional Accountant 5048 Dundas W 647-725-7741
 Taxes For You 5048 Dundas W 416-834-5467
 Virtax – CDN & US Income Tax Services

FLOWERS, PARTY SUPPLIES & GIFTS

Aroma Studio, Beauty Services & Gifts 4927 Dundas W 416-831-2262
 Flowers & Balloons 4917 Dundas W 416-234-9146
 Morning Flower 4978 Dundas W 416-239-0585
 Q Market 5066 Dundas W 416-239-9706

FUNERAL DIRECTORS

Turner & Porter, Butler Chapel 4933 Dundas W 416-231-2283

IMMIGRATION SERVICES

Immigration Partners International 4920 Dundas W, #206 416-232-9339

INSURANCE

All Risks Insurance Brokers Ltd., Borys Lewitski 4941A Dundas St W 416-551-8651
 Brian McGowan Insurance Brokers Inc. 4894 Dundas W, #200 416-236-8282
 Desjardins Insurance 4891 Dundas W, #2 416-237-1757
 Horizon Insurance Brokers Ltd. 4941 Dundas W 416-239-2988
 The Co-Operators, 5048 Dundas W 416-234-2777
 Lola Macanowicz Insurance & Financial Services 4894 Dundas W, Ste 205 1-888-231-2011
 Sentinel Risk Insurance Group

LEGAL SERVICES

Clapperton Munro Law 4888 Dundas W, #100 416-443-1200
 Dhaliwal & Dhaliwal LLP - Barristers & Solicitors 4953 Dundas W, #106 647-928-8506
 Direct Action Legal Services 5142 Dundas W 416-503-9393
 Heakes Housley Law Office 5150 Dundas W 416-249-2237
 Kns Legal Services 4891 Dundas W 647-341-8666
 McDonald Estate Services Ltd. 5048 Dundas W. 416-427-6418
 Miroutenko, Oksana – Barrister & Solicitor 4920 Dundas W, #305 416-234-9555
 Naqvi and Associates 4953 Dundas St W, #106 416-234-0514
 Pratt, Thomas W.G. – Barrister & Solicitor 4889A Dundas W, #4 416-239-6811
 Starkman Law 5146 Dundas W 416-236-1053
 Sultan, Mak – Barrister & Solicitor 4891 Dundas W, #1 416-237-1984
 Tyrone D. Crawford Law Office 4945 Dundas W 416-760-8118

PHOTOGRAPHY

Helium Video 5048 Dundas W 416-460-9881

PHOTOCOPIES, PRINTING

Reprodux 5050A Dundas W 416-231-9203

PLUMBERS

Proserv Plumbing & Drain Service 5174 Dundas W 416-236-5373

REAL ESTATE

Royal LePage West 5040 Dundas Street W 416-233-6276

RENTALS – COMMERCIAL / RESIDENTIAL

Links Living Properties / Dino Collinii 4912 Dundas W 416-503-4444
 Maxemum Property Management 4891 Dundas W 416-993-7106
 Office Rentals 5150 Dundas W 416-575-3044
 Studio West 4889B Dundas W
 Delmanor 15 Summerland Tce 416-777-2911
 The Kip District Condo Sales Office 5143 Dundas W 416-207-1919
 Trinity Office and Retail Leasing 4916 Dundas W 416-238-7170
 Village Gate West Rental Office 11 Dunbloor 416-239-0008
 Village of Islington Business Excellence Centre (VIBE) 5048 Dundas W 416-234-8423

SALES, MARKETING & MEDIA/TV PRODUCTION

Aldert Chemicals Ltd. 4889 Dundas W, #5 416-236-4222
 Breeze Marketing and Communications 5048 Dundas W 647-285-5192
 Heinemann Electric / D.T. Shaw Co. Ltd. 5150 Dundas W, #306 416-231-2706
 Helium Marketing 5048 Dundas W 416-460-9881
 Lopii Productions 5140 Dundas W #204 416-672-0355
 Mock Marketing & Sales 4953 Dundas W, #101 416-234-2790

SENIORS LIVING

Tapestry At Village Gate West 15 Summerland Tce 416-777-2911
 The Seniors Store 4974 Dundas W 416-231-1300

SPECIALTY SHOPS

Consumers Cannabis 4864 Dundas W 416-551-4864
 Em Jay's Inc. Cannabis dispensary 5160 Dundas W. 416-236-5297

SPORTS

F45 Training Etobicoke Central 5110 Dundas St. W 416-807-3475
 Kaizen Pilates 4955 Dundas W 416-207-0404
 True North Hockey Canada – adult league 4920 Dundas W, #304 416-231-8642

TRANSLATORS AND INTERPRETERS

A2Z Translation and Interpretation Services Corp. 4897 Dundas W, Suite 1 416-847-0102

TRAVEL

Active Journeys Inc. (backpacking & biking) 4891 Dundas W, #4 416-236-5011

VACUUM CLEANERS

Etobicoke Service Centre – vacuum cleaners 5114 Dundas W 416-231-3056

VAPE

Vape4change 4943 Dundas W 416-233-5549

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HEALTH & WELLNESS

ACUPUNCTURE, ACUPRESSURE

Acucology – Acupuncture, Chinese Medicine, Nutrition, PEMF 4889A Dundas W #3B

Acupuncture Clinic: Tak Lin Lai	5140 Dundas W, #208	647-549-2281
Dr. M. Noudga - RMT	4889 Dundas W. #4	416-234-5502
Dr. Y. Zheng	4939A Dundas W	416-894-6492
INNA Medical Aesthetics, Laser	4889 Dundas W. #4	416-580-6580
Irina Shadracheva - RMT	4889 Dundas W. #4	647-773-7557
Islington Village Health	5110 Dundas St. W	647-283-6024
- Dr. S. Vicente and Dr. N. Larga		647-343-3136
Jennifer Spyropoulos, Registered Acupuncturist	4984 Dundas W	416-234-1451
Lily's Acupuncture & Chinese Herbal Medicine	4894 Dundas W, #202	416-760-8688
Naturelax Clinic	5100 Dundas W	416-207-1688
NOVA electrolysis	4889 Dundas W. #4	647-778-8351
Osteal Diagnosis & Treat	5124 Dundas W	416-551-5744
Summit Natural Health Centre	5133 Dundas W	416-236-7642
Tak Lin Lai Acupuncture Clinic	5140 Dundas W #3A	416-234-5502
Welcome Health	4889 Dundas W. #4	416-916-4422
- Dr. E. Noudga - Chiropractor, Acupuncture		

CHIROPRACTIC AND MASSAGE THERAPY

Cordova RMT Registered Massage Therapy Etobicoke	4889 Dundas W, Suite 4	647-283-6024
Find Your Inner Zen	4889 Dundas W. Suite. 2	647-922-0498
Gibvey Pain Clinic	4894 Dundas W. #204	416-503-2569
Hands On Health Chiropractic & Massage Therapy	4939 Dundas W	416-237-0069
Islington Village Health,	5110 Dundas St. W.	647-343-3136
- Dr. S. Vicente and Dr. N. Larga		
Islington Wellness	5110 Dundas St. W	416-854-0596
- Melanie McIvor - RMT		
- Jenna Mcglyn - RMT		
- Cheryl Migus-Smart, RMT		
Kaizen Physiotherapy Group	4955 Dundas W	416-207-0404
- R.M. Echevarria, BSc.PT, Registered Physiotherapist		
- J. Echevarria, RMT		
- K. Miszczyk, RMT		
Lily B. Well	5146A Dundas W, Unit 2	647-836-6065
Lily-Beth Fernandez, RMT	5146A Dundas W, Unit 2	647-836-6065
Naturelax Clinic	5100 Dundas W	416-207-1688
Osteal Diagnosis & Treat	5124 Dundas W	416-551-5744
Revamp Health Centre	4984 Dundas St. W.	647-946-1614
Royal York Massage Therapy and Osteopathy	4887 Dundas W	416-234-1707
Summit Natural Health Centre	5133 Dundas W	416-236-7642
- Dr. Jennifer Lau, Chiropractor		
-Aileen Tolentino, RMT		
Welcome Health		
- Dr. E. Noudga - Chiropractor, Acupuncture	4889 Dundas W. #4	416-916-4422
- Dr. M. Noudga - RMT	4889 Dundas W. #4	416-894-6492
- INNA Medical Aesthetics, Laser	4889 Dundas W. #4	647-773-7557
- Irina Shadracheva - RMT	4889 Dundas W. #4	647-283-6024
- NOVA electrolysis	4889 Dundas W. #4	647-778-8351

COUNSELLING, PSYCHOTHERAPY & PSYCHOLOGISTS

Centre For Connections	4941 Dundas W., Suite A	416-487-2404
Dr. Dessy Marinova, PhD	5048 Dundas W	416-522-6566
Dr. P. McRoberts - psychologist	4891 Dundas W, #2A	416-207-0969
Nancy Webb M.SW, R.SW - Registered Social Worker/psychotherapist	4953 unit 103 Dundas W.	647-969-2356
Toronto Psychological Services & Allied Health	4920 Dundas W, #205	416-531-0727

DENTISTS, DENTAL SURGEONS, DENTURISTS AND DENTAL LABORATORY

Dundas Smiles Dentistry - Dr. Babak Radpour	16 Burnhamthorpe Rd	416-551-3351
Dental on Dundas - Dr. Guido & Associates	5080 Dundas W	416-239-4999
Dr. R. Michou	5101 Dundas W #104	416-231-9595
Dr. J. Kennedy	5020 Dundas W	416-239-9601
Dr. B. Luk - Dental Surgeon	5130A Dundas W	416-233-7038
Dr. M. A. Marcelo	5121 Dundas W	416-239-8300
Islington Denture Centre - DD. C. Iacob	5101 Dundas W, #102	416-233-7555
The Dental Clinic - Dr. J. Sekoulidis	4869 Dundas W	416-233-9581
Toronto West Oral Surgery Associates	5150 Dundas W, #302	416-233-3289
Village Dental - Dr. R. Hassanein	4931 Dundas W	416-233-9638
Zajacz Dental Care	4889 Dundas W, #1	416-231-0831

DIETICIANS

Jenille Hutchison RD, Registered dietician	4984 Dundas W.	416-234-1451
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DIGESTIVE HEALTH CENTRE

Back To Balance Centre	4927A Dundas W	416-829-4449
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DOCTORS: WALK-IN MEDICAL CENTRES

Dunbloor Medical Pharmacy & Travel	5117 Dundas W	416-482-1980
Islington Medical Centre & Walk-In Clinic		
- Dr. R. Mohan & Associates	4 Burnhamthorpe Rd	416-234-1987
Pharma-Docs Medical Centre & Walk-In Clinic		
- Dr. Pardis & Associates	4972 Dundas W	416-236-7924

HEARING SPECIALISTS

BRAVO! Hearing Centre	4908 Dundas W	416-207-9711
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HERBALISTS

Diane Kent, Medical Herbalist	4891 Dundas W, #3	647-296-4372
Lily's Acupuncture & Chinese Herbal Medicine	4894 Dundas W, #202	416-760-8688
Pain Free Clinic - Dr. Y. Zheng - Chinese herbs	4939A Dundas W	416-580-6580

HOMEOPATHY

Healthy Garden & Homeopathy	4945B Dundas W	416-237-9269
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HOME HEALTHCARE

The Seniors Store Mobility Equipment	4974 Dundas W	416-231-1300
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NATUROPATHS

Summit Natural Health Centre		
- Dr. J. McKenzie, Naturopath	5133 Dundas W	416-236-7642

OSTEOPATHY PRACTITIONER

Frank Costa, D.O.M.P. - Registered Osteopath	4984 Dundas W	416-234-1451
Find Your Inner Zen	4889 Dundas W. Suite. 2	647-922-0498
J. Izzard, Bsc. - Osteopathic Practitioner	4891 Dundas W, #7	647-271-6908
Naturelax Clinic	5100 Dundas W	416-207-1688
Osteal Diagnosis & Treat	5124 Dundas W	416-551-5744
Royal York Massage Therapy & Osteopathy	4887 Dundas W	416-234-1707

PHARMACIES

Dunbloor Medical Pharmacy	5117 Dundas W	416-482-1980
Pharma-Docs	4972 Dundas W	416-233-0404
Remedy's Rx Al-shafa Pharmacy	4922 Dundas W	416-239-8127
Rexall Pharmacy	4890 Dundas W	416-239-4567

PHYSIOTHERAPY & PILATES

Islington Village Health,	5110 Dundas St. W	647-343-3136
Kaizen Pilates	4955 Dundas W.	416-207-0404
Kaizen Physiotherapy Group	4955 Dundas W	416-207-0404
- R.M. Echevarria, BSc.PT, Registered Physiotherapist		

SHIATSU, FOOTCARE AND AROMATHERAPY

Elite Health Spa	5178 Dundas W	416-207-9800
Infracare (Socks & Health Products)	4889 Dundas W, Unit B-10	416-305-6592
Islington Village Health,	5110 Dundas St. W	647-343-3136
TaiJi Health Centre	4864B Dundas W	416-231-3288
W1N Ortho Lab	4889 Dundas W, BL1	647-694-5186
Walk On Air	4901 Dundas W., Suite B	647-313-3136

VISION

Balance - for blind adults	4920 Dundas W, #302	416-236-1796
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RESTAURANTS, COFFEE SHOPS, PUBS & BISTROS

BAKERIES, DELIS, MARKETS - FOOD & CONVENIENCE STORES

Espresso Bakery & Deli	4980 Dundas W	416-236-3183
European Patisserie - custom cakes & desserts	5072 Dundas W	416-783-9377
Hasty Market	4922 Dundas St. W.	416-234-0452
Miss Natalie's Tropical Cuisine	5118 Dundas W	416-260-9444
Neighbours Fine Foods	4917 Dundas W	416-234-9146
Q Market	5066 Dundas W	416-239-9706
Rabba Fine Foods	4869 Dundas W	416-234-0609
Traditional Korean Bakery	4992 Dundas W	416-233-8883

COFFEE SHOPS & TEA ROOMS

Coco Fresh Tea & Juice	4868 Dundas W	416-231-7888
Espresso Bakery and Deli	4980 Dundas St W	416-236-3183
European Patisserie - custom cakes & desserts	5072 Dundas W	416-783-9377
Tim Hortons at Rabba Fine Foods	4869 Dundas W	416-234-0609

DELIS, SUBS & SANDWICHES

Galata Cafe	5122 Dundas W	647-351-4888
Espresso Bakery & Deli - eat-in, take-out	4980 Dundas W	416-236-3183
Osmows	4850 Dundas W	416-239-9000
Subway	4927 Dundas W	647-344-8368

FINE DINING

Cravin Kitchen + Lounge	5164 Dundas St W	437-460-5164
Mai Bistro	4906 Dundas W	647-343-3130
Resurrection Bar + Restaurant	5096 Dundas St. W	416-231-6660
Sorsi e Morsi Trattoria Italian restaurant	4900 Dundas W	416-232-2250
Thairoomgrand	5112 Dundas St W	416-234-1213

FISH & CHIPS

John's Fish 'n' Chips	5090 Dundas W	416-231-3474
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PIZZA

Mamma's Pizza	4986 Dundas W	416-231-4545
Pizza Hut	5132 Dundas W	416-233-2003
Pizzeria Via Napoli	4923 Dundas W	416-602-4040

PUB FARE

Fire Wing's Bar & Grill	4903 Dundas W.	416-236-2609
Mama Rosa Restaurant & Bar	5078 Dundas W	416-207-1111
St. James's Gate Irish Pub	5140 Dundas W	647-350-5140

THAI / JAPANESE & KOREAN CUISINE

Cho Dang Soon Tofu	5130B Dundas W	416-234-1161
Insadong Korean Restaurant	4941 Dundas W	416-746-0777
Ikkoi Japanese Family Cuisine	5084 Dundas W	416-233-2727
Kibo Sushi	4925 Dundas W	416-792-6510
Thai Jalearn	4911 Dundas W	416-519-3356
Thairoomgrand	5112 Dundas St W	437-460-5164
Toji Sushi	5088 Dundas W	647-348-8654

TAKE-OUT

Ah So - "Sushi to go" at Rabba's	4869 Dundas W	416-234-0609
Fire Wing's Bar & Grill	4903 Dundas W.	416-236-2609
Galata Cafe	5122 Dundas W	647-351-4888
Miss Natalie's Tropical Cuisine	5118 Dundas W	416-260-9444
Osmows	4850 Dundas W.	416-239-9000
Pizza Hut	5132 Dundas W	416-233-2003
Subway	4927 Dundas W.	647-344-8268
Thai Jalearn	4911 Dundas W	416-519-3356
Thairoomgrand	5112 Dundas St W	437-460-5164
Tim Hortons at Rabba Fine Foods	4869 Dundas W	416-234-0609

COMMUNITY LISTINGS

CHURCHES

Anglican: St. George's on-the-Hill	4600 Dundas W	416-239-2341
Catholic: Our Lady of Peace	3914 Bloor St. W	416-239-1259
First Church of Christ, Scientist, Etobicoke	4480 Eglinton Ave W	416-236-4816
Iglesia Ni Cristo	310 Burnhamthorpe Rd	416-231-6006
Islington Baptist Church	50 Royalavon Cr	416-236-8801
Islington United Church	25 Burnhamthorpe Rd	416-239-1131
Jehovah's Witnesses	423 Burnhamthorpe Rd	416-622-6859
Mount Sinai Presbyterian Church	50 Royalavon Cr	416-767-7985
Olivet Church of the New Jerusalem	279 Burnhamthorpe Rd	416-239-3054
Presbyterian: St. Andrew's Islington	3819 Bloor St. W	416-233-9800
RC Parish of the Resurrection (Lithuanian)	1 Resurrection Rd	416-533-0621
Toronto Light and Salt (Korean) Church	910 Islington Ave	647-272-0191

COMMUNITY GROUPS, CLUBS & SERVICES

Arts Etobicoke	4893A Dundas W	416-622-8731
Creative Village Studio	4895 Dundas W	647-351-4362
Etobicoke Historical Society		support@etobicokehistorical.com
Etobicoke Horticultural Society		www.etobicokehort.ca.
Etobicoke Humane Society	67 Six Point Road	416-249-6100
Etobicoke Lawn Bowling	1313 Islington	416-239-5315
Humber River Shakespeare Co		416-209-2026
Islington Golf Club	45 Riverbank Drive	416-231-1114
Islington Residents and Ratepayers		www.islingtonratepayersassociation.com
Islington Seniors' Centre	4968 Dundas W	416-231-3431
Mabelle Arts	5005 Dundas W	647-989-0807
Montgomery's Inn and Farmers' Market	4709 Dundas W	416-394-8113
Ontario Pops Orchestra	5048 Dundas W	437-981-0072
Rotary Club of Toronto West		416-352-5626
Royal Astronomical Society of Canada	4920 Dundas W, #203	416-924-7973
Royal Canadian Legion, Branch #463	110 Jutland	416-231-2021

ARTS ETOBICOKE

SPRING ART CLASSES AND WORKSHOPS

Get creative with Arts Etobicoke this spring by joining a fun Art Night on a Thursday evening or choose a short course or workshop from the Studio Series on Saturday morning. Spend time learning new skills from professional artists along with other creative friends and community members.

Arts Etobicoke is offering a plethora of workshops this spring including Furniture Painting and Refinishing, Urban Landscape Painting in Gouache, Watercolour Spring Bouquet, Embroidery Hoop Screen Printing, Book Binding Basics, Ceramic Handbuilding, Colour Theory and Acrylic Painting courses.

All workshops and courses are designed for beginners as well as more experienced artists.

Where:

The Storefront Gallery at Arts Etobicoke

4893a Dundas Street West.

For more information and registration, visit our website <https://www.artsetobicoke.com/ae-events/>

or contact atiya@artsetobicoke.com

OPEN CALL FOR POETS

To celebrate National Poetry Month this April and bring diverse art mediums to our community, Arts Etobicoke is seeking writers and poets to be featured in our first word-based exhibition at the Storefront Gallery. This exciting new exhibition will open with a poetry reading and performance where all artists can share their work and connect.

IMPORTANT DATES:

Deadline to submit: March 27

Artist notified: April 2

Exhibition: April 10 to May 10

For more information and registration: <https://www.artsetobicoke.com/poets-open-call/>

Or contact ana@artsetobicoke.com.



CHRISTI BELCOURT PRINTS

We are fortunate enough to feature well-known Indigenous artist Christi Belcourt in this edition. Through her unique blend of traditional Métis beadwork and contemporary painting techniques, Christi brings to light pressing issues such as environmental conservation and Indigenous rights. Limited edition and signed prints of Christi Belcourt's artwork are now available on our online shop!

Visit our online shop <https://www.artsetobicoke.com/meet-the-artist/> to explore the collection.

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